

Practice Aligned Mental Health Service

Service Outcomes:

Evaluation of this service has shown a high volume of patient referrals and follow-up rates across the 12 practices served by DDHF. Of these patients, 84% were referred by their GP. Of 697 patients assessed, 32 were seen in their own homes due to pain, mobility issues, or their mental health impacting their ability to attend. 646 patients have been discharged from the service since November 2016.

Furthermore, individual case studies have shown that through support from the service, users have:

Accessed specialist mental health services tailored to their individual needs

Accessed a range of community support services

Optimised use of medications

Reunited with family members

Increased their social involvement

Been given the confidence to access therapy

Returned to full-time employment

Testimonials from health professionals have been similarly outstanding, reporting highly positive patient feedback, evident patient benefit, ease of referral and timely access, clinical excellence and positive impact on GP workload.

Personal testimonials from service users have praised reduced waiting times, staff excellence, efficiency and support.

One user reported:

“Help and support is the best I’ve ever received”.

